Sample Notice of Right to File a Discrimination Complaint

SUBJECT	SUBJECT: Notice of Right to File a Discrimination Complaint			
FROM: [EEO Counselor]			
TO: Jane	Doe			
resolved to discriminate mental dis signed, and	inform you that because the dispute you brought to my attention has not been be your satisfaction, you are now entitled to file an individual or class-based tion Complaint based on race, color, religion, sex, national origin, physical or ability, age, and/or reprisal. If you file a Complaint, it must be in writing d filed within fifteen (15) calendar days after the receipt of the notice, with any owing officials authorized to receive discrimination Complaints.			
• Fie	ld Installation Head			
• Age	ency Director of Equal Employment Opportunity			
• Age	ency Head			
Em	ner Official(s) as designated by the Agency, for example, an Agency Equal aployment Opportunity Officer, the Hispanic Program Coordinator, the sability Program Coordinator, or the Federal Women's Program Coordinator			

A Complaint shall be deemed timely if it is received or postmarked before the expiration of the 15-day filing period, or in the absence of a legible postmark, if it is received by mail within five days of the expiration of the filing period.

If you file your Complaint with one of the officials listed above (other than the EEO officer), it will be sent to the activity EEO officer for processing. Therefore, if you choose to file your Complaint with any of the other officials listed above, be sure to provide a copy of your Complaint to the EEO officer to ensure prompt processing of your Complaint.

The Complaint must be specific and contain only those issues either specifically discussed with me or issues that are like or related to the issues that you discussed with me. It must also state whether you have filed a grievance under a negotiated grievance procedure or an appeal to the Merit Systems Protection Board on the same claims.

If you retain an attorney or any other person to represent you, you or your representative must immediately notify the EEO officer, in writing. You and/or your representative will receive a written acknowledgment of your discrimination Complaint from the appropriate Agency official.

If you file a Complaint, you should name	·	
	EEO Counselor	